



Boston Dance Inc

STUDENT SAFETY PROTOCOL

Covid-19 Facility Health and Safety Guidelines (Subject to change)
Provided in association with the Facility Operators (Dance Victoria Society)

September 11/20 - Update

We understand studio life will look different from what you are accustomed to however the following protocols have been put into place for everyone's safety and well being. These protocols will continue to be modified as needed and families will always be notified when any changes are made. Our ability to flatten the curve, and to stay safe and healthy as we get back to dance we feel is reliant on our vigilance, kindness and compassion as a community. We request your partnership as we strive to keep you and your family healthy. We believe we can work together and come back from this experience stronger than ever! As Boston Dance reopens we are strictly adhering to the following protocols for the safety and well being of our dancers, families, faculty, and staff. Thank you for your cooperation and understanding.

WHAT YOU NEED TO KNOW

- Instructors, staff, families and dancers are permitted to enter the Facility only if well. If anyone is experiencing any flu-like symptoms including but not limited to fever, sore throat, coughing, aches, respiratory problems, headache, dry cough, fatigue, diarrhea, loss of taste or smell, chest pain, rash on skin, discolouration of fingers or toes, they are required to stay home.
- Dancers are encouraged to have their own hand sanitizer containing at least 70% isopropyl alcohol and will be requested to sanitize hands prior to entering and exiting the building.
- Masks are to be worn in all areas of the facility except the studios. Currently, masks are optional while in class. Those dancers choosing not to wear a mask while in class are requested to store their mask in a clearly labelled baggy at the side of the studio. Remember to wash or replace your masks daily.
- The lobbies and common areas will be closed to parents and the public.
- Dancers with a layover of 1 hour or less between classes may remain in the lobby area on a physically distanced marker
- Dancers eating during their layover will be requested to clean and sanitize their area - supplies will be provided
- The Office will be open by appointment only during office hours.
- Water fountains are unavailable until further notice, please remember to bring a full water bottle
- Changing into dance attire at the studio is currently not permitted (except dance shoes). Dancers are to arrive in attire, ready to dance.
- Dancers are requested to leave all unrelated dance materials at home.
Only dance shoes, sanitizer and a FULL water bottle will be permitted into the Facility unless coming to the studio directly from school in which a school bag will be permitted.
- Washrooms are available to dancers for essential use only.
- Dancers 7yrs and under may have one parent/guardian accompany them to their appropriate class. Once dropped off, that person is requested to exit the building as quickly as possible through the designated exits.
- Dancers 7 and up are expected to enter the studio by themselves.
- Dancers and Instructors will continue to wash or sanitize their hands if they have multiple classes.

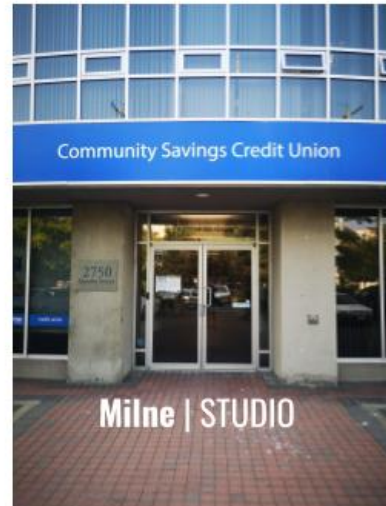
ARRIVING AT THE STUDIO BEFORE CLASS STARTS

- Dancers are required to be healthy and well if in attendance at the studio.
 - Students are to arrive dressed in attire and ready for class with masks on. There will be no changing into dance attire permitted in the facility (except dance shoes).
 - Dancers are to wait at the designated Physical Distancing markers provided on the sidewalk outside the designated studio entrances, or in their cars prior to the start of class. (Please do not block any entrances or parking stalls)
 - Dancers will only be allowed into the building 5-10min before their class starts.
 - We ask all dancers to arrive on time.
 - Unfortunately late dancers, regardless of reason, cannot be accommodated.
 - Only dance shoes, sanitizer and a FULL water bottle will be permitted into the Facility unless coming to the studio directly from school in which a school bag will be permitted.
-

ENTERING THE BUILDING

- Each studio has its own ENTRY/EXIT door as listed below:

Shaw (2nd Floor) -- the traditional studio entrance at the south end of the parking lot.
Vernon (2nd Floor) - the door in the rear upper parking lot off of Market Street.
Milne(Main Floor) - the main building entrance door by the bank.



- **Please ensure you know which studio your class will be in and which door to enter.**
 - Dancers will be met at their designated studio entrance doors by a greeter no earlier than 5-10 minutes before class time.
 - Dancers will be requested to apply hand sanitizer as they enter the building.
 - Dancers will be asked to make their way to the appropriate studio and take their place in a designated physically distanced square.
 - A reminder, dancers are to be wearing their masks enroute to their designated studio.
-

WHAT TO EXPECT DURING CLASS

- Each dancer has a designated safe dance area clearly labeled in each studio in accordance to physical distancing guidelines.
 - Mask wearing is currently optional in class. Dancers not wearing their mask in class are requested to store it in a clearly labelled baggy at the side of the studio.
 - No physical touching or contact between dancers or instructors will be permitted.
 - Dancers will not execute material that requires physical assistance.
 - If a dancer becomes ill the dancer will be isolated at least 2m away from other dancers and the parent or guardian will be notified to come and pick them up from the building immediately.
-

WHAT TO EXPECT AT THE END OF CLASS/LEAVING THE BUILDING

- At the conclusion of class dancers will be requested to sanitize their hands and put on their masks.
 - Dancers who have no additional classes that day will be escorted to their designated exit door
 - Studio exit and entry doors are the same:
 - Shaw -- the traditional studio entrance at the south end of the parking lot
 - Vernon - the door in the upper parking lot off of Market Street
 - Milne - the main building entrance door by the bank
 - Parents are to meet their dancer at the designated exits. We respectfully ask parents to be on time when picking up your dancer as teachers will be unable to supervise dancers after class
 - Dancers with consecutive classes will remain in their studio squares until advised to move to their next studio, or to a physically distanced class layover spot in the lobby area. Dancers are to wear their mask as they move through the facility.
-

COMMUNICATING ABSENCES

For everyone's safety, anyone feeling unwell is requested to stay home. Dancers demonstrating any signs of illness will not be permitted into the building. If showing signs of illness during class, dancers will be requested to move to a separated physically distanced spot to rest. Families will be notified to come pick up their dancer immediately. Please email us at info@bostondanceco.com to notify us of any absence from class

STEPS WE ARE TAKING TO KEEP OUR SPACE SAFE

- Increasing nightly commercial cleaning and sanitizing of common contact areas
 - Limiting class sizes inline with physical distancing guidelines.
 - Pre screening instructors and staff prior to daily shifts.
 - Providing designated physically distanced dance spaces for dancers clearly labeled in all studios.
 - Providing sanitizer to students as they enter and exit the facility.
 - Mandating mask wearing in all areas of the facility outside of instructional studios. (Optional wearing during class).
 - Keeping lobby and common areas restricted to students only. Lobby and common areas are closed to families and the public.
 - Providing designated physically distanced spots for dancers to eat during class layovers of less than an hour.
 - Sanitizing high contact surfaces area between classes.
 - Permitting flexible dance attire.
 - Training our staff and faculty in the new sanitizing protocols and workplace conduct pertaining to COVID-19.
 - The studio will be keeping up to date with all COVID-19 related guidelines and recommendations from the Provincial Health Authorities.
-

WHAT TO LOOK OUT FOR

We appreciate that some of these changes may be overwhelming and stressful for our dancers. Please keep in touch with us regarding any concern you may have.

The impact of the Covid-19 pandemic on our mental health is worth mentioning. Self care that supports our mental well being is just as important as our physical care. Below are some resources that we hope you may find helpful during this time of continued uncertainty.

RESOURCES

- [Mental Health and COVID-19](#) (HealthLinkBC)
- [Talking to children about COVID-19 and its impact](#)
- [Stigma Free Society: Youth Wellness Toolkit \(includes resources for parents, children and teens\)](#)